



2 0 1 2
REGIONAL
MEETING ^{PERÚ}
IFMSA
AMERICAS

OC | RM 2012



IFMSA
International Federation of
Medical Students' Associations

TABLE OF CONTENTS

Introduction	
Welcome to Peru	
Registration & Payment	
Theme event	
Accomodation & Venue	
Pre-RM	
Transportation	



IFMSA
International Federation of
Medical Students' Associations



Dear PAMSA family,

Time is running and our excitement is growing. We have only 4 months left to the Regional Meeting and we have started the countdown! This dream will soon become a reality!

We want you to experience more than a Regional Meeting, by offering you one of the greatest experiences ever. Most of all, we hope you will gain the tools and the inspiration to become a great physician compromised with your society and living as an active tool to tackle the health inequities of the Region.

On behalf the whole OC I want to welcome you to our wonderful country and present you this event, prepared with a lot of passion just for you. Welcome and enjoy!

Fiorella Barbagelata
OC RM2012 Co-president

IFMSA-**PERU**

In the land where Gods had turned in mountains,



The siblings of the sun dress in gold,

Scissorhands immortals dance for whole days.



Pink dolphins emerge from its waters.

In the distance you can see a magnificent city made entirely of mud.



and ancestral figures stretch from miles across the desert.

This place exists, see it, feel it...



*...welcome to **Peru** and live the legend.*

REGISTRATION AND PAYMENT



Who?



How?



When?



who can register?

Any member of an IFMSA NMO can register to the RM with the approval of their NMO president.

- If you are not from an IFMSA country please be sure you contact the Regional Coordinator of the Americas, to ask if you can attend as an observer, at rcamericas@ifmsa.org



how can I register?

You will have to log into our website www.rm2012peru.org and follow instructions in **registration** (this function will be open once registration is on).

- You will have to pay the RM fee (read next page)
- You will receive a Registration manual* on September 28th with information that will be useful to register.



when can I register?

Registration will be opened on September 30th.

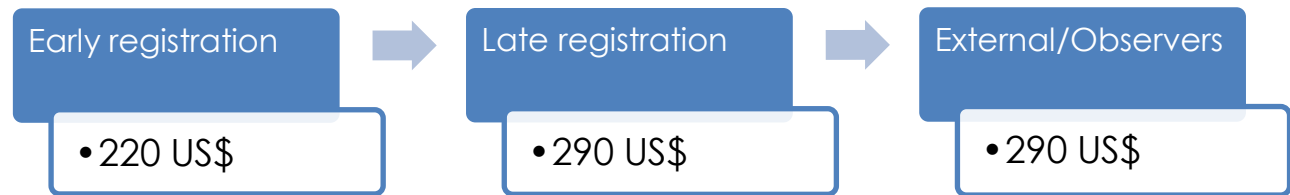
- Early and late registration will be open simultaneously starting Sept 30th.
- Early registration will close on October 28th at 23:59 GMT
- Late registration will close on November 18th at 23:59 GMT

*The REGISTRATION MANUAL will include:

- Bank account information
- Detailed Registration process
- Frequently asked questions

And will be delivered through the PAMSA server by September 28th

REGISTRATION FEE



Make sure you include the transfer fees in the payment you make.

The payment in any particular registration type should be done ON TIME during the registration period. We will give 72 hours after the end of the registration to receive the money in our bank account, after that extra time, the payment will be consider undone.

CANCELLATIONS AND SUBSTITUTION POLICY

The two important dates to remember when asking about Cancelations and/or Substitutions are:



December 4th : CANCELLATIONS can be done without penalty.

December 14th : SUBSTITUTIONS can be done without prejudice

No cancellations or substitutions are allowed after the set date and no refund will be done.

VISA INFORMATION

The following information is the latest published and has been obtained through the External Relations Ministry

NORTH AMERICA:

No visa needed from the USA, Canada or Mexico



CENTRAL AMERICA and the CARIBBEAN

No visa needed from: Antigua, Bermuda, Barbados, Belize, Grenada, Haiti, Jamaica, Panama, St Lucia, Trinidad and Tobago

You need visa if you come from: Costa Rica, Cuba, El Salvador, Guatemala, Honduras, Nicaragua, the Dom. Rep.

Take a look at the next page for the visa procedure

SOUTH AMERICA:

No visa needed from: Argentina, Bolivia, Brasil, Colombia, Chile, Ecuador, Guyana, Paraguay, Suriname, Uruguay or Venezuela

VISA PROCEDURE

Documents

- To get a VISA to Peru you will need to fill out Form F-07 which is free of charge
- The OC will provide you with an invitation letter when your registration is complete
- Get in contact with your embassy to find out the requirements

Payment

- The payment may vary from country to country but is an approximately of 10 US dollars.

Be aware that

- Go to the consulate at least two (2) weeks before coming to PERU.
- The procedure usually takes one (1) day, but it might take as much as a week or two .
- It is recommended you take proof of economic solvency for your trip.
- The OC does not take responsibility for your visa procedures.

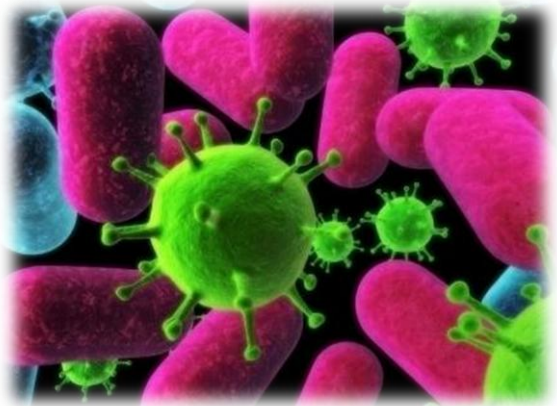
Where to find the closest embassy?

- Costa Rica: Sección consular de la Embajada de Peru en Costa Rica: Del Colegio de Ingenieros y Arquitectos, 325 metros al Norte, Urbanización Freses de Curridabat, San José
- Cuba: Sección consular de la Embajada de Peru en Cuba: Calle 30 N° 107 entre la 1ra y 3ra, Miramar, Playa La Habana Cuba
- El Salvador: Sección consular de la Embajada de Peru en el Salvador: Avenida Masferrer Norte, Casa No. 17 P, Cumbres de la Escalón, Colonia Escalón, San Salvador
- Guatemala: Sección consular de la Embajada de Peru en Guatemala: 15 Avenida "A" 20-16, Zona 13, Guatemala
- Honduras: Sección consular de la Embajada de Peru en Honduras: Colonia Linda Vista, Calle Principal, Casa N° 3301, Recta que conduce a la Escuela Dogal
- Nicaragua: Sección consular de la Embajada de Peru en Nicaragua: Hospital Militar 1 cuadra al lago, 2 c. abajo, Casa N° 325, Managua, Nicaragua.
- Panama: Sección consular de la Embajada de Peru en Santiago de Veraguas: Edificio Torraza, Oficina 3 Cl. Manuel Celestino Gonzales, Santiago, Veraguas, República de Panamá

Theme Event

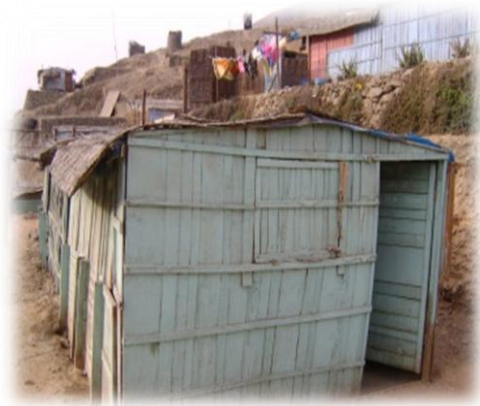
SOCIAL DETERMINANTS OF HEALTH and INFECTIOUS DISEASES in the Region of the Americas.

Infectious diseases are caused by pathogenic microorganisms, such as bacterias, viruses, parasites or fungi; the diseases can be spread, directly or indirectly, from one person to another. It is fortunate that pathways of transmission, virulence factors, mechanisms of resistance and many other characteristics have been extensively studied. In addition, since the discovery of penicillin in 1928, many drugs have and are still being developed which have helped to diminished the mortality from infectious diseases all throughout the world. Furthermore, in the majority of high income countries, infectious diseases have ceased to be a major public health concern.



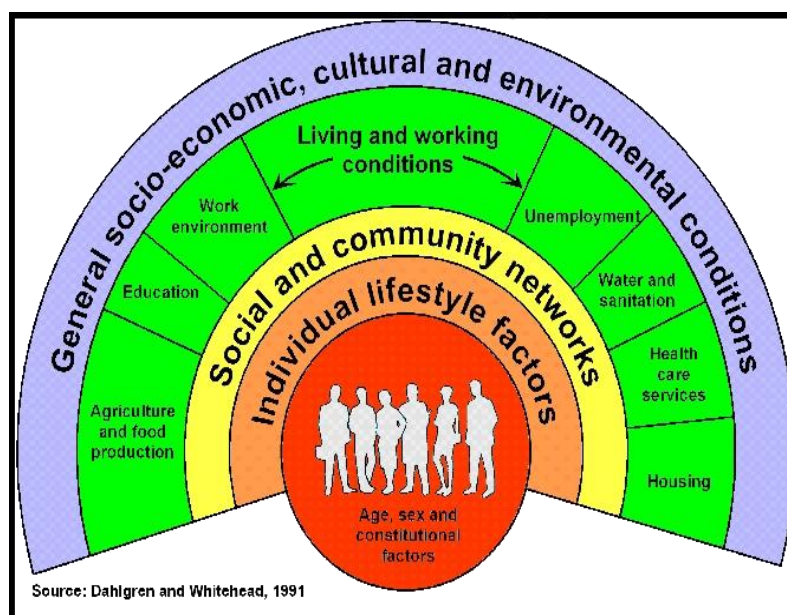
This poses several questions. Why is it that in Latin America, infectious diseases continue to be an important health issue? Why is it that in Peru we have the best program for the Control of Tuberculosis, which has even achieved international recognition, and yet we still have an incredibly high prevalence, surpassed only by Haiti? Is the incidence of these diseases the same in the whole country, in all parts of Lima? What population groups are more vulnerable to contracting infectious diseases like HIV-AIDS?

It's a given that there exists other factors out of the sanitary system that contribute to the health of the population. This is where the **Social Determinants of Health (SDH)** come in, which are all the social conditions (economic and political included) that have a strong influence on health, such as the wealth and level of education of the family where one is born, the social conditions of the neighbourhood where one lives, and the social politics that govern these conditions.



Social factors as determinants in infectious diseases, mainly poverty and its consequences, have been recognized since the XIX century, but in spite of that recognition, there exists frustration at how very little was being done to change the situation. This is why in 2005, the World Health Organization (WHO) formed the Commission on SDH (CSDH), whose objectives was to gather, compare, and synthesize scientific data from all over the world about SDH and its repercussions on sanitary inequity and to propose measures to deal with these inequalities.

The social determinants are strongly linked to **Social Justice and Equity in Health**. No concept of social justice which accepts the need for efficient formation of human possibilities, can ignore the role of health in human life and in the opportunities to achieve a life without preventable suffering nor premature mortality.





So we ask ourselves: How do we achieve a better process and accomplishments in health for our country and our region of the Americas? Would it be possible to reduce the prevalence of our infectious diseases which have plateaued in the last years? If we continue like we have until now, it's not possible, but if we act immediately, we could contribute

greatly towards achieving it.

This is why the Organizing Committee of the Regional Meeting would like to provide firstly: a general focus on SDH, defining concepts, understanding the magnitude and importance of these in health in our region. In second place, get to know the influence of these SDH on the infectious diseases that affect our region the most, as Tuberculosis, HIV-AIDS, Malaria, among others. Lastly, we wish to tackle two important themes in the region, one being the right to health and the other being aging, both from the perspective of social determinants.



We, as future doctors and leaders, are convinced of the necessity of working on social determinants: not only is it the best way to reduce diseases that besiege our Region, such as infectious diseases, but it also encompasses much more than just the latter, which is why our focus is doubly important.

Finally, we believe that every effort converges towards a high but reachable goal:

Reducing Health Inequities

Accommodation & Venue

We have chosen Plaza del Bosque Hotel as the venue and accommodation for the IFMSA Regional Meeting of the Americas 2012, fulfilling our commitment when we candidated to host the RM, having the venue at the accommodation at the same place.



The hotel is located in the exclusive district of San Isidro, in a residential area and a few blocks from cultural and financing centers, and only around 30 minutes away from the airport and 20 minutes away from the historical center of Lima. In the Hotel surroundings, that it is located close to the Boulevard Conquistadores, shopping centers and museums, you can make the finest shopping and interesting cultural visits likewise, its proximity to commercial and financing centers as well as to El Bosque El Olivar will let you enjoy a pleasant stay.

The hotel has 95 suites ample suites that are soundproof with private complete bathroom, free wireless internet access, cable TV, air conditioner, safe-deposit box, two telephone lines with connection to internet and a completely equipped kitchen.



The reception at the hotel has 24 hours service. Breakfast, lunch and some dinners will be served in the hotel restaurant as a buffet and every special food requirement will be fulfilled if asked for it in advance.

The Plaza del Bosque hotel offers six conference rooms, the perfect setting for sessions, trainings and theme event as well as small working groups and socializing. All the conference rooms will be equipped with multimedia equipment, an screen, flipcharts, markers, water and candies.



Pre-Regional Meeting in Trujillo

From the 2nd to the 5th of January

About Trujillo



The Pre Regional Meeting 2012, will be held in Trujillo, in northwestern Peru, is the capital of the La Libertad Region, this important peruvian city nowadays is an economic hub in northern Peru. The city is located at the banks of the Moche River, near its mouth at the Pacific Ocean, in a valley of great cultural hegemony where the Moche culture developed and subsequently through the Chimú culture.

While it may be conceived as a single city, Trujillo is not a single administrative unit; rather, it is the core or center of a major metropolitan area that covers an area of 110,000 ha. This metropolitan area of Trujillo in 2011 has a population of 929 703 inhabitants according to the Regional Health Management.

Trujillo is known as the "City of Eternal Spring", "National Marinera Capital" and "Culture Capital of Peru". It has sponsored numerous national and international cultural events, and has a lively arts community. Current festivals include the "National Marinera Contest", the "International Festival of Spring" and the "International Book Fair", which is one of the most important cultural events in the country.

Trujillo is close to two major archaeological sites of pre-Columbian monuments: Chan Chan, the largest adobe city in the ancient world, designated a World Heritage Site by UNESCO in 1986; and the temples of the Sun (the largest adobe pyramid in Peru) and Moon.

The city centre contains many examples of colonial and religious architecture incorporating distinctive wrought ironwork. It includes residential areas, a central business district and industrial supply distribution to the various districts.



Venue

The Pre-RM will be held at the new premises of the Faculty of Human Medicine of the “Universidad Privada Antenor Orrego”, the biggest medical education center in the country.

Each session will take place in a classroom fully equipped with multimedia (depending on the number of sessions) and 1 Auditorium for the ceremonies and conference related to the theme event.

The venue also has high speed WiFi, which will facilitate the connection at any area. The lunch and dinner will be served in the cafeteria of the university, so we won't have any delay in schedule because of this (breakfast will be at the hotel).

Near the venue is Real Plaza Mall, a new entertainment center, where you can find many places for shopping or eating.



Accommodation



The hotel “El Gran Marques” offers specially designed and equipped rooms to make your stay in Trujillo, the cradle of the Moche and Chimú civilizations, as pleasant as possible.

Located in one of the quietest areas of the city, you will have available comfortable rooms, where you might pleasantly rest and begin a new work day.



“El Gran Marques” hotel offer comfortable rooms with cable-tv, internet connection, business center, restaurant, private parking lot and 24-hours room service.

The time between the venue and accommodation is 3 minutes in the buses, that will pick you up from the hotel. The transport will be free of charge, between the airport or bus station to the Hotel; also from the hotel to the venue each day. www.elgranmarques.com

Social Program



Night 1 – Welcome party

You will enjoy the traditional Peruvian party, at Trujillo land of the Marinera, our national dance, there you can see the cultural show; anyone brave enough to test their skills can do so on the dance floor

Night 2 – Disco

The best disco in Trujillo, here you can dance a lot with DJ Su, also buy some traditional and international drinks, while we are having great moments with latin music.



Night 3 – Huanchaco beach

As a tradition of the Chimu culture, they used to celebrate their rituals in this beach, in honor of the God of the sea, to offer them food. And now we going to live that ancestral tradition with the IFMSA style, lot of fun!

Transportation



HOW TO GET HERE!

Take a flight to Lima (LIM)

The Jorge Chávez International Airport, located in Callao (LIM) is the largest airport of the country with the largest amount of domestic and international air traffic.

It also serves as a major hub in the Latin American air network. Lima's Jorge Chavez International Airport is the fourth largest air hub in South America.

www.lap.com.pe

In which situation are you?

I'm going **ONLY** to the Regional Meeting

Free transportation from the Airport or bus station to the venue according to the transportation schedule that will be published online

I'm going **ONLY** to the preRegional Meeting

Pre-RM transportation service
The bus trip Lima-Trujillo-Lima will cost an extra 60 USD

I'm going both to the preRM and the Regional Meeting

Take the preRM transportation service; when coming back to Lima, the OC will transport you for free from bus station to RM venue

The Organizing Committee

Fiorella Barbagelata & Arturo Julca	OC co-Presidents	president@rm2012peru.org
Paola Aguirre	OC VPI	vp@rm2012peru.org
Fiorella Salvador & Amira Cortez	OC Finances	finances@rm2012peru.org
Lelia Romero	OC Marketing coordinator	marketing@rm2012peru.org
Lottie Romero	OC Fundraising coordinator	fundraising@rm2012peru.org
Oscar Flores	OC Visa and registration coordinator	registration@rm2012peru.org
Johana Santa Maria	OC Theme Event coordinator	themeevent@rm2012peru.org
Juana Sedamano	OC Venue, Accomodation and Boarding coordinator	accommodation@rm2012peru.org
Felipe Castro	OC Social program coordinator	socialprogram@rm2012peru.org
Ana Lucia Rocha	OC Transportation and Logistics coordinator	transportation@rm2012peru.org
Carmen Begazo	OC preRM coordinator	preRM@rm2012peru.org
	OC postRM coordinator	postRM@rm2012peru.org

We are ready!!!

...are you?



IFMSA
International Federation of
Medical Students' Associations

